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A medical education program must have an effective system of personal counseling for its medical students that includes programs to promote the well-being of medical students and facilitate their adjustment to the physical and emotional demands of medical education.

DATABASE QUESTIONS

a. Describe the medical school’s system for personal counseling of medical students and comment on its accessibility, confidentiality, and effectiveness. Note especially the individuals available to provide personal counseling and their locations.

b. Briefly summarize any medical school programs designed to facilitate medical students’ ongoing adjustment to the physical and emotional demands of medical school.

SELF-STUDY QUESTIONS

Evaluate the adequacy and availability of student support, including levels of student satisfaction, in the area of personal counseling and mental health services, including their confidentiality, absence of conflict of interest, and accessibility.

SURVEY REPORT GUIDE

Describe the personal counseling services available to students, and comment on their accessibility and confidentiality. Provide an assessment of the effectiveness of those efforts, and summarize student opinion on that matter. Report on any programs available to promote student well-being and/or facilitate their adjustment to the demands of medical school.